

2010 Resident Camp Health History & Examination Form

Calumet
PO Box 236
West Ossipee, NH 03890
603 539-3223 Fax 603 539-3385

- The information on this form is to assist us in determining appropriate care.
- Health history must be filled out by parents/guardians of minors or by adults over the age of 18.
- A new form is required annually.
- **Heath exam must be completed by Health Care Provider within 2 years of camp attendance.**

Name _____ Birth date _____ Age at camp _____
Last First Middle

Home address _____
Street address City State Zip

Gender: Male Female

Custodial parent/guardian _____ Home Phone (_____) _____

Home address _____
(if different from above) Street address City State Zip

In an emergency, notify the following people, listed in order of preference. Please include each parent or guardian on this list.

- 1) Name _____ Relationship _____ Phone (_____) _____
Business Phone (_____) _____ Cell Phone (_____) _____
- 2) Name _____ Relationship _____ Phone (_____) _____
Business Phone (_____) _____ Cell Phone (_____) _____
- 3) Name _____ Relationship _____ Phone (_____) _____
Business Phone (_____) _____ Cell Phone (_____) _____
- 4) Name _____ Relationship _____ Phone (_____) _____
Business Phone (_____) _____ Cell Phone (_____) _____
- 5) Name _____ Relationship _____ Phone (_____) _____
Business Phone (_____) _____ Cell Phone (_____) _____

If traveling/vacationing when your child is at camp, please indicate how we may be able to reach you:

Insurance Information

Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier or plan name _____ Group # _____

➤ Please attach a photocopy of the front and back of health insurance card on a full sheet of 8 1/2 x 11 paper

PARENTAL PERMISSION AND MEDICAL RELEASE

Important - Must be completed for attendance*

Parent/Guardian Authorizations:

The health history in this form is correct and complete as far as I know. The person herein named has permission to engage in all camp activities except as noted.

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes.

It is my intention that the camp be treated as acting *in loco parentis* if the person herein named is a minor. Further, it is my intention that the appropriate representatives of the camp be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996.

I hereby agree to the disclosure to camp representatives of the Protected Health Information of the person here-in described, as necessary: (i) To provide relevant information to the camp representatives related to the person's ability to participate in camp activities; and (ii) in the case of minors, to provide relevant information to the camp representatives to keep me informed of my child's health status.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by Calumet to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for use off camp.

I give permission for my child to be given the Over-the-Counter medications listed below (or generic equivalent), if needed, while at Calumet. Doses to be administered as per package directions. I have crossed off any medications I do not want my child to be given.

Over-the-Counter (OTC) Medication Regulations

Acetaminophen	Diphenhydramine (Benadryl)	Milk of Magnesia
Antifungal powder or cream	Epinephrine for treatment	Phenylephrine (Sudafed PE)
Aurogan (for ear pain)	of anaphylaxis(epi pen)	Pseudoephedrine (Sudafed)
Bacitracin	Hydrocortisone Cream	Robitussin
Balmex	Ibuprofen (Motrin, Advil)	Robitussin DM
Calamine/Caladryl Lotion	Immodium	Sore Throat Lozenges
Cough Drops	Loratadine (Claritin)	Tums

With my signature I agree to the above parent/guardian authorizations and give my child permission to participate in all Calumet activities and programs.

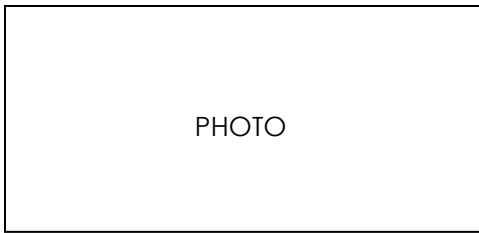
Camper/Adult/Staff Name _____

↓Signature of Parent/Guardian or Adult Camper/Staffer↓

Signature _____

Print Name _____ Date _____

*If for religious reasons you cannot sign this, contact the camp for a legal waiver, which must be signed for attendance



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If your child will be given medications while at Calumet, it would be helpful if you would include a small recent photo, for identification purposes.

Health History – Camper/Staff Name: _____

The following information **must be filled in** by the parent/guardian, or adult camper or staff member. The intent of this information is to provide camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records.

ALLERGIES List all known and describe reaction and management of the reaction.

Medication allergies (list)

Food allergies (list) -

Other Allergies (list) include insect stings, hay fever, asthma, animal dander, etc.

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware. Have there been any recent family stresses – births, deaths, illnesses, moves, separations, divorces – that will impact their camp interactions or participation? Are there strategies that have helped the camper cope with concerns in the past?

IMPORTANT INFORMATION REGARDING MEDICATIONS TO BE TAKEN AT CAMP.....

1. Any medication that your Medical Provider requires to be administered at camp must be in its original pharmacy container labeled with the name of the person, name of the medication, dosage, and frequency of administration. Please send only the correct amount of medication. Your physician's written authorization to administer medications *both prescribed and over-the-counter* meds not on the OCD list must appear on the white health form.
2. All medicines are kept in the Health Center and administered by our nurses. The exceptions are: off-camp trips when Calumet staff give the medications under the direction of the nurse; asthma inhalers and epi-pens with the written authorization from your Health Care Provider for self-administration – download the authorization form from our website or call and a copy will be mailed to you. **Campers will not be allowed to carry an inhaler or epi-pen without this form.**
3. **Do not send non-prescription medications** (this includes vitamins, Tylenol, cold remedies, etc.). Our Health Center is well stocked with first aid and other medications for any conditions that might arise.
4. All medications should be picked up at the Health Center by a person age 18 or older before departing for home. All medications not picked up will be destroyed.

Camper/Staff Name: _____

General Questions (Explain "yes" answers below.)

Has or does the participant:

- | Yes | No | | | Yes | No | | |
|--------------------------|--------------------------|-----|---|--------------------------|--------------------------|-----|--|
| <input type="checkbox"/> | <input type="checkbox"/> | 1. | Have diabetes? | <input type="checkbox"/> | <input type="checkbox"/> | 17. | Ever had chest pain during or after exercise? |
| <input type="checkbox"/> | <input type="checkbox"/> | 2. | Have asthma? | <input type="checkbox"/> | <input type="checkbox"/> | 18. | Ever had high blood pressure? |
| <input type="checkbox"/> | <input type="checkbox"/> | 3. | Ever had an eating disorder? | <input type="checkbox"/> | <input type="checkbox"/> | 19. | Ever been diagnosed with a heart murmur? |
| <input type="checkbox"/> | <input type="checkbox"/> | 4. | Ever had emotional difficulties? | <input type="checkbox"/> | <input type="checkbox"/> | 20. | Ever had back problems? |
| <input type="checkbox"/> | <input type="checkbox"/> | 5. | Had any recent injury, illness or infectious disease? | <input type="checkbox"/> | <input type="checkbox"/> | 21. | Ever had problems with joints (e.g., knees, ankles)? |
| <input type="checkbox"/> | <input type="checkbox"/> | 6. | Have a chronic or recurring illness / condition? | <input type="checkbox"/> | <input type="checkbox"/> | 22. | Have an orthodontic appliance being brought to camp? |
| <input type="checkbox"/> | <input type="checkbox"/> | 7. | Ever been hospitalized? | <input type="checkbox"/> | <input type="checkbox"/> | 23. | Have any skin problems (e.g., itching, rash, acne)? |
| <input type="checkbox"/> | <input type="checkbox"/> | 8. | Ever had surgery? | <input type="checkbox"/> | <input type="checkbox"/> | 24. | Had mononucleosis in the past 12 months? |
| <input type="checkbox"/> | <input type="checkbox"/> | 9. | Have frequent headaches? | <input type="checkbox"/> | <input type="checkbox"/> | 25. | Have problems with diarrhea or constipation? |
| <input type="checkbox"/> | <input type="checkbox"/> | 10. | Ever had a head injury? | <input type="checkbox"/> | <input type="checkbox"/> | 26. | Have problems with sleepwalking? |
| <input type="checkbox"/> | <input type="checkbox"/> | 11. | Ever been knocked unconscious? | <input type="checkbox"/> | <input type="checkbox"/> | 27. | If female, have an abnormal menstrual history? |
| <input type="checkbox"/> | <input type="checkbox"/> | 12. | Wear glasses, contacts, or protective eye wear? | <input type="checkbox"/> | <input type="checkbox"/> | 28. | Have a history of bed-wetting? |
| <input type="checkbox"/> | <input type="checkbox"/> | 13. | Ever had frequent ear infections? | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | 14. | Ever passed out during or after exercise? | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | 15. | Ever been dizzy during or after exercise? | | | | |

Please explain any "yes" answers, noting the number of the questions.

Which of the following Please give all dates of immunization for:

has the participant had?	Vaccine:	Dates:	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr
<input type="checkbox"/> Measles	DTP		_____	_____	_____	_____	_____
<input type="checkbox"/> Chicken Pox	TD (tetanus/diphtheria)		_____	_____	_____	_____	_____
<input type="checkbox"/> German Measles	Tetanus		_____	_____	_____	_____	_____
<input type="checkbox"/> Mumps	Polio		_____	_____	_____	_____	_____
<input type="checkbox"/> Hepatitis A	MMR		_____	_____	_____	_____	_____
<input type="checkbox"/> Hepatitis B	or Measles		_____	_____	_____	_____	_____
<input type="checkbox"/> Hepatitis C	or Mumps		_____	_____	_____	_____	_____
	or Rubella		_____	_____	_____	_____	_____
	Haemophilus Influenza B		_____	_____	_____	_____	_____
	Hepatitis B		_____	_____	_____	_____	_____
	Varicella (chicken pox)		_____	_____	_____	_____	_____

TB Mantoux Test Date of last test _____ Result: Positive Negative

<p>Name of family physician _____ Phone (_____) _____</p> <p>Address _____</p> <p>Name of dentist/orthodontist _____ Phone (_____) _____</p> <p>Address _____</p>

Health Care Recommendations by Licensed Medical Personnel

➤ Health Care Provider's standardized form can substitute for this page IF the information below is included. Please attach.

Camper/Staff Name: _____ * I EXAMINED THIS INDIVIDUAL ON _____ (DATE).
(ACA accreditation and State of NH requirements specify exams within 24 months of camp attendance.)

*BP _____ * Weight _____ * Height _____

In my opinion, the above applicant is is not able to participate in an active camp program.

The applicant is under the care of a physician for the following conditions _____

Recommendations and Restrictions at Camp

Treatment to be continued at camp _____

Medications to be administered at camp (name, dosage, frequency) _____

Any medically-prescribed meal plan or dietary restrictions _____

• Known allergies _____

• Description of any limitation or restriction on camp activities _____

• Additional information for health care staff at the camp _____

Signature of Licensed Medical Personnel

*Signature _____

*Print Name _____

*Title _____ *Date _____

*Address _____

*Phone (_____) _____ *Fax (_____) _____

