

Calumet

2017 Resident Camp

Health History & Examination Form

PO Box 236 West Ossipee, NH 03890
603 539-3223 Fax 603 539-3385

- The information on this form is to assist us in determining appropriate care for your camper.
- Health history must be filled out by parents/guardians of minors or by adults over the age of 18.
- **A new health form completed by parent/guardian and physician is required annually.**
- **Health exam must be completed by Health Care Provider within 2 years of camp attendance.**

Name _____ Birth date _____ Age at camp _____
Last First Middle

Home address _____
Street address City State Zip

Gender: Male Female

Custodial parent/guardian _____ Home Phone (_____) _____

Home address _____
(if different from above) Street address City State Zip

In an emergency, notify the following people, listed in order of preference. Please include each parent or guardian on this list.

1) Name _____ Relationship _____ Phone (_____) _____

Business Phone (_____) _____ Cell Phone (_____) _____

2) Name _____ Relationship _____ Phone (_____) _____

Business Phone (_____) _____ Cell Phone (_____) _____

3) Name _____ Relationship _____ Phone (_____) _____

Business Phone (_____) _____ Cell Phone (_____) _____

4) Name _____ Relationship _____ Phone (_____) _____

Business Phone (_____) _____ Cell Phone (_____) _____

5) Name _____ Relationship _____ Phone (_____) _____

Business Phone (_____) _____ Cell Phone (_____) _____

If traveling/vacationing when your child is at camp, please indicate how we may be able to reach you:

Insurance Information

Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier or plan name _____ Group # _____

Please attach a photocopy of the front and back of health insurance card on a full sheet of 8 1/2 x 11 paper.

Resident Camper

PARENTAL PERMISSION AND MEDICAL RELEASE

Important - Must be completed for attendance*

Parent/Guardian Authorizations:

The health history in this form is correct and complete as far as I know. The person herein named has permission to engage in all camp activities except as noted.

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes.

It is my intention that the camp be treated as acting *in loco parentis* if the person herein named is a minor. Further, it is my intention that the appropriate representatives of the camp be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996.

I hereby agree to the disclosure to camp representatives of the Protected Health Information of the person here-in described, as necessary: (i) To provide relevant information to the camp representatives related to the person's ability to participate in camp activities; and (ii) in the case of minors, to provide relevant information to the camp representatives to keep me informed of my child's health status.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by Calumet to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for use off camp.

I give permission for my child to be given the Over-the-Counter medications listed below (or generic equivalent), if needed, while at Calumet. Doses to be administered as per package directions. I have crossed off any medications I do not want my child to be given.

Over-the-Counter (OTC) Medication Regulations

Acetaminophen	Diphenhydramine (Benadryl)	Milk of Magnesia
Antifungal powder or cream	Epinephrine for treatment of anaphylaxis(epi pen)	Phenylephrine (Sudafed PE)
Aurogan (for ear pain)	Hydrocortisone Cream	Pseudoephedrine (Sudafed)
Bacitracin	Ibuprofen (Motrin, Advil)	Robitussin
Balmex	Immodium	Robitussin DM
Calamine/Caladryl Lotion	Loratadine (Claritin)	Sore Throat Lozenges
Cough Drops		Tums
Zyrtec		

With my signature I agree to the above parent/guardian authorizations and give my child permission to participate in all Calumet activities and programs.

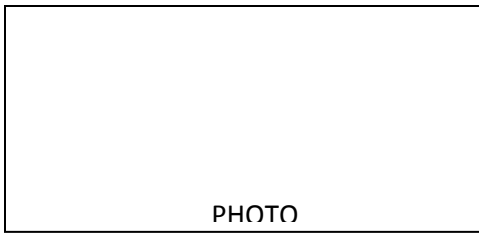
Camper Name: _____

↓ Signature of Parent/Guardian or Adult Camper/Staffer ↓

Signature _____

Print Name _____ Date _____

*If for religious reasons you cannot sign this, contact the camp for a legal waiver, which must be signed for attendance.



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If your camper will be given medications while at Calumet, it would be helpful if you would include a small recent photo, for identification purposes.

Health History – Camper Name: _____

The following information **must be filled in** by the parent/guardian. The intent of this information is to provide camp health care personnel the background to provide appropriate care for the camper.
PLEASE keep a copies of all completed form for your records.

ALLERGIES List all known and describe reaction and management of the reaction.

Medication allergies (list)

Food allergies (list) -

Other Allergies (list) include insect stings, hay fever, asthma, animal dander, etc.

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

Use this space to provide any additional information about the participant’s behavior and physical, emotional, or mental health about which the camp should be aware. Have there been any recent family stresses – births, deaths, illnesses, moves, separations, divorces – that will impact their camp interactions or participation? Are there strategies that have helped the camper cope with concerns in the past?

IMPORTANT INFORMATION REGARDING MEDICATIONS TO BE TAKEN AT CAMP.....

1. Any medication that your Medical Provider requires to be administered at camp must be in its original pharmacy container labeled with the name of the person, name of the medication, dosage, and frequency of administration. Please send only the correct amount of medication. Your physician’s written authorization to administer medications *both prescribed and over-the-counter* meds not on the OTC list must appear on the health form.
2. All medicines are kept in the Health Center and administered by our nurses. The exceptions are: off-camp trips when Calumet staff give the medications under the direction of the nurse; asthma inhalers and epi-pens with the written authorization from your Health Care Provider for self-administration –on page six of this form. **Campers will not be allowed to carry an inhaler or epi-pen without this form.**
3. **Do not send non-prescription medications** (this includes vitamins, Tylenol, cold remedies, etc.). Our Health Center is well stocked with first aid and other medications for any conditions that might arise.
4. All medications should be picked up at the Health Center by a person age 18 or older before departing for home. All medications not picked up will be destroyed.

Camper Name: _____

General Questions (Explain "yes" answers below.)

Has or does the participant:

Yes

- 1. Have diabetes?
- 2. Have asthma?
- 3. Ever had an eating disorder?
- 4. Ever had emotional difficulties
- 5. Had any recent injury, illness or infectious disease?
- 6. Have a chronic or recurring illness / condition?
- 7. Ever been hospitalized?
- 8. Ever had surgery?
- 9. Have frequent headaches?
- 10. Ever had a head injury?
- 11. Ever been knocked unconscious?
- 12. Wear glasses, contacts, or protective eye wear?
- 13. Ever had frequent ear infections?
- 14. Ever passed out during or after exercise?
- 15. Ever been dizzy during or after exercise?

Yes

- 16. Ever had chest pain during or after exercise?
- 17. Ever had high blood pressure?
- 18. Ever been diagnosed with a heart murmur?
- 19. Ever had back problems?
- 20. Ever had problems with joints (e.g., knees, ankles)?
- 21. Have an orthodontic appliance being brought to camp?
- 22. Have any skin problems (e.g., itching, rash, acne)?
- 23. Had mononucleosis in the past 12 months?
- 24. Have problems with diarrhea or constipation?
- 25. Have problems with sleepwalking?
- 26. If female, have an abnormal menstrual history?
- 27. Have a history of bed-wetting?

Please explain any "yes" answers, noting the number of the questions.

We require an updated immunization record from a licensed health care provider.

If your camper is not immunized, we require a notarized immunization waiver. Please contact Bonnie at bonnie@calumet.org for the waiver.

<p>Name of family physician _____ Phone (_____) _____</p> <p>Address _____</p>
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